

Alloya's Descending Part one

Introduction:

I am Alloya; I am here today to tell you about my journey into human physical density. I hope in the telling of this tale, that I can awaken those of you, who have a similar tale to tell. I hope that as I speak my words, that you too will become aware of who you are and why you are here, on the Earth at this time.

Never before, have I been to Earth in a dense human form. In previous lives I projected aspects of myself here, but never before have I been on Earth, as my whole self. This lifetime, I am bringing to Earth, my entire multidimensional identity.

When my body was born in this lifetime, it had within it, only a small aspect of my overall consciousness. My body spent many years manifesting itself as a human being, but in truth it never really was human at all. The form that was present at that time, was not really a third dimensional human body, it was an illusionary form which played with the idea of being human .As it played with this idea; the form took on the characteristics of a human. It was not perfect, but the projection was good enough to fool those who did not look too close. Through this form, I as Alloya was able to communicate with the planet and the personality that was and still is called Nikki.

What others perceived as a solid physical human body, was merely an illusion. It was not solid at all; it was merely a projected thought which I used, to act as a translator between myself and the Earth. The projection that I sent to Earth, to sit in the womb of my Mother, was a pattern of light codes- a blueprint sent from the stars. This light pattern pulled from the body of my Mother, the Earth information, it needed to form a body, that would be perceived as being a third dimensional human . My Earth Mother knew just the right time to bring about my birth. When the planets of Earth's solar system formed two grand trines, that formed a six pointed star in the night sky, I inserted the blueprint into my Mother's body and a small aspect of my overall consciousness was born on to the Earth.

Star gates aligned, far out in the universe and just like a combination lock, they opened to form a tube, which I travelled down in order to access the Earth's reality, and to insert my blueprint into my Mother's body. The inserted blueprint would hold design information and create a body which would appear as if it was real and third dimensional, but infact was only a star sent hologram, in a denser form.

This particular timeframe was special, because it was a time when there was an opening in the dimensions. This opening allowed me to travel from the very highest dimensions into the lower. These types of time windows allow beings from the higher dimensions, to come directly to Earth, without having to down- step their frequencies. Usually beings have to pass through the schools of learning, which are present on each of the planets in the Earth's solar system, before they can come to Earth. Beings wishing to come to Earth to learn and develop as young souls ,first have to pass through each of the planets in the Earth's solar system. This readies them for their entrance into Earth's reality. Beings (such as myself), who come to Earth on a mission, need not take the same route. This time window allowed me to bring down an aspect of myself and anchor it into the fourth dimension of Earth's reality.

There are many of you on the Earth, who have not come here through the usual routes. Many of you did not pass through the schools of learning in the solar system .There are many like myself who came directly from the stars. Many beings in history used these windows to bring down their consciousness. Christ used a certain alignment in the heavens to bring his consciousness into the Earth plane. By-passing these schools can have both a positive and a limiting affect.

Many of the restrictions that humans experience ,within their psyches come from the programming that human souls receive, whilst attending the schools of say Neptune or Saturn. Also every time a human dies on the Earth ,its soul then passes through all the different schools on all the different planets in the Earth's solar system. By the time it has reached the outer planets, such as Pluto, it is beginning to forget its previous lifetime and with this forgetfulness, it also forgets some of the valuable lessons, it may have learnt on the Earth. With-out this memory loss, the soul who comes from the stars is able to retrieve much more information about its past and its origins, than a soul who over time becomes more lost in the human experience.

You can spot a star being a mile away, as it does not have the same amount of limited programming within its psyche as a human does. It is not limited by the ideas that are inherent in the human psyche. For instance, all humans are programmed with a fear of death, most star beings are not. It can be hard as a star being to find itself here on the Earth, embedded in the human drama. Many star beings go through some sort of mental and emotional anguish and some even contemplate suicide. For them death does not hold any fear, often around the age of 21 ,the Star Being experiences trauma from being here on the Earth and some even wish to leave the Earth. Some succeed, but most know in their hearts, they are here on a mission and they have to complete it before they can go home. This is their empowered choice; they are not lost here or abandoned as some might feel. They choose to be here and when they are given the chance to go home ahead of schedule, mission aborted, the truth of the choice becomes apparent.

Star beings are without some of the intrinsic concepts that are inherent in the human. They find things such as humour and Earthy survival issues strange and incomprehensible. The human experience is something that the Star Being finds a puzzle, this strange disconnection from the physical body and its fellow man is sometimes experienced as a great wound, for the Star Being in a human disguise.

Why did I not choose a third dimensional body to send my consciousness into you may ask? The 3D body as it was then was incapable of housing my full consciousness. I needed a form that vibrated at a fourth dimensional frequency, a higher more etherical expression. A third dimensional body would become ill with the pressure, I as a Star Being would put upon it. So I created a form that was free of the distortions, which were naturally present in the d.n.a of the human body. There are distortions that are part of the human d.n.a. You are all probably aware of this (if not I suggest you read "The Pleiadian Agenda: A New Cosmology for the Age of Light ", by Barbara Hand Clow and Barbara Marciniak's, "Bringers of the Dawn and The Living Library), that many other beings, many of them E.Ts from other places in the universe, came to Earth and manipulated the human d.n.a. beyond all recognition. So I created a form that did not have the distortions, which prevented me from completely anchoring my projection into the Earth plane. Some would say this form was more akin to the nature spirits and the Fairies, than it was to humans, it was a fairy form on a purely d.n.a., and vibrational level, however it looked and operated just like a human.

My body looked human enough it had two arms, two legs and a head. So therefore, the truth about who I really was went unnoticed. I successfully integrated myself into the human world. For many years with the help of human programming, which I acquired at school, I too believed I was human, what else I could be.

In my early twenties, I began to integrate all that I am, as Alloya. I went through an intense nine year process, which resulted in me having integrated into this fourth dimensional form , all that I am ,on the other dimensions. I had integrated all of my aspects together as one. (Within the book "The Mission of the One Star." you will find detailed information about this process. It is advisable to read this first in order to fully understand) .The beauty of using a form , such as this to house my consciousness , was that it could morph and change to allow the expression of all the different qualities, of all the different aspects of my whole multi dimensional self. As each energy came in, in turn, the etherical form that I manifested on Earth changed to express the new energy that was coming into its cells. The form changed its vibrational signature .Every being here on the Earth, has an energetic signature; this signature is a code in vibration, which expresses the essence of the form. This signature is much more complex and complete in its expression, than any name

ever could ever express. As each self or aspect was brought into the etherical body, it changed the etherical form on a subatomic level. It changed the etherical pattern, aiding to it, forming a light encoded pattern, which would house all of the aspects that made up the overall multidimensional consciousness. Even though I was here on the Earth to be seen by others, this was really an illusion. I still had a very long way to go in vibration terms. I was still travelling through the dimensions to be here on the Earth, in a truly third dimensional sense.

April 2000

My experience of the holo- deck that is called Los Angeles.

As I approached the Earth, I noticed that there was an energy barrier that lay around the parameter of the Earth, which was set up by a group of beings called the Spiritual Hierarchy. They did this to quarantine the Earth from the rest of the universe. I needed to pass through this energy barrier, before I could enter the magnetic field of Earth, which would eventually catch me and bring me down to the surface.

I went into the Mohave Desert in California, in the United States. I was there on a trip before going to Los Angeles to teach seminars. I saw a small privately owned airbase, which offered sky dives. I had always wanted to do this, and so signed myself up for the following morning. The night before I had a dream where I was being instructed by the Zeta, on how to bring my energy through an opening in the barrier, so I could enter Earth's energy field. When I went to the airbase the next morning, I was full of confidence and had no fear what so ever. I could feel lots of beings around me, supporting me, as I went through one extreme energy shift, after another. As I zipped up by flight suit, I knew I was on a mission. On one level all, I was doing was simply jumping out of an aeroplane, however on another level, I as my multidimensional self was coming to Earth for the very first time. So I jumped. It was truly amazing, my best experience so far this lifetime.

Shortly after this I drove to L.A!!!

I have an implant in my left wrist, it was inserted there five years ago by the Zeta (my soul family), with my total permission. This implant is alive, it is not a device, and it is an organic being. This implant allows me to translate and decode energies that are scrambled and masked here on Earth. It also acts as a warning system. The Zeta explained to me, that there are many illusionary realities being played out here on the Earth, which are not conducive to my sovereignty. This implant (that I affectionately, called Bob), suddenly started to pulse intensely, a warning code. It was basically telling me, that there was an extreme manipulation of the Earth's energy in this area. As this occurred, the driver of the car said "oh there is supposed to be a secret air force base over there in the desert." I was being warned about this, through my implant. As we drove closer and closer to Los Angeles, I began to feel very energy sick. As we entered the outer parameter of L.A, I began to throw up and could not stop. All my supporting energies left me as I entered L.A, I felt completely cut off from any sense of my spiritual self. I was extremely confused and scared. Even after a night's sleep I did not feel any better. Usually when I felt like this, I would use various light techniques, which I had learnt along the way. It did not **even** occur to me, that I had any techniques, let alone use any of them. My consciousness was falling asleep. It was awful; I have never felt so wretched in all my life, as that time I spent in L.A.

For the first two days I believed I was in a real place, in L.A. Where else could I be? The sickness was intense, I felt like something really awful was happening around me. After suffering with this for four days, I finally managed to remember a certain energy dance, which the Zeta had taught me. So I went outside and began to dance. This dance pulled my Zeta energy into my body and my reality changed. I was shocked at what I saw. The whole place was an illusion, a hologram. It was clever hologram, if you did not look too close you would think it was a normal American city. But with the help of the Zeta, I began to see the cracks, just like a movie set, the palm trees looked plastic, the houses looked like they were movie set fronts, if you opened the doors there was nothing behind. There was a mariner with little white sailed boats that went up and down constantly, this I could see from the balcony of the house in which I stayed. The Zeta said "have

you not noticed how this boat goes up and down all day and all night, as if it is on a pulley." I was shocked as you can imagine. Then the Zeta said "now watch this." All of a sudden I could see through the façade, I was not on Earth but floating above in a holographic bubble, which was creating a reality called L.A.

Sirian Holograms

I asked the Zeta who gave the technology to create these holograms and they said it was beings from the star system Sirius. The Zeta told me I was to stay under cover and be very careful not to alert them to the fact that I knew where I really was. This was not on the Earth, but in an artificial dimensional reality just above the Earth. This was why I was feeling so sick, this reality was not grounded to Earth what so ever. And My Body knew it!

The following day I went out into the city. I felt very wary, tuning into everything, but nothing seemed real. When you walk down a dark street at night and someone is coming the other way , you tune into that person and read their body to see if they are a threat to you ,and you decide if you have to cross over the street or not . This ability is within your fourth dimensional body; it can reach that far and sense these kinds of things. What was so very strange, was when I did this, there was no one there? I could not feel the body energy of a single person that walked the streets. The only people who felt like they were real were some gang members on crack cocaine, who were hanging out on a street corner. I would usually not want to be near people like this, but in this case I wanted to leave the plastic people and run to them for sanctuary. I spent a bizarre two weeks there, and I was very relieved to go home. The whole time I was there I was sick, information came to me that sugar (which seemed to be in ALL food), was the Source of the effectiveness of the hologram, to fool those which lived within it. Without sugar the hologram began to appear like I perceived it, unreal, an artificial reality.

The Zeta said that this was the first experiment like this to occur on the planet, it was controlled and designed by the Sirians to control those who lived there. They said there was a low frequency beam, being beamed at L.A from out in space. (I have later found out this the Harp Project; look on the internet for information). This was holding down people's consciousness and affecting the Earth grid of this part of the planet. They also said that this would soon be all over the planet. But it was ok because if I stayed in my truth sooner or later I would see the hologram for what it was and reground to Earth and then the hologram would disappear to me, as I changed frequency. They said that the real L.A had been lost many years ago in major shifts of the Earth's tectonic plates, just as had been predicted. They said that the Sirians had developed this technology to hold all those who lived in L.A in a consciousness bubble, so they would have no idea of what really going on.

L.A was one of the major portals into the Earth grid, for the arrival of E.T Beings during the Lemurian times. This place has a very special energy which draws many great beings to it, these Sirians wanted to herd the light that was there. Just like they did in Lemurian times. I realised that there were many Sirians here in 5D body that were somehow trapped in dimensional vibration; they were unable to ascend due to the Earth holding them here in karmic bondage. They were trapped in the wheel of karma and could not ascend to where they once came from, so they sent for a Sirian rescue ship, which finally came after thousands of years.

This Sirian energy is part of a group of light beings, who in turn are behind the idea of the Ascended Masters. It is not to say that those who channel these beings are frauds or not in their truth, but they have missed and been fooled through their limited perceptions of these higher dimensional beings. On the 3rd dimension we have the ideas of salvation and rescue; this is seen often in religions and is very evident in the mass consciousness of the human population. These Light Beings have used this need in humans, to herd them along a certain pathway to control their spiritual development. When we come into contact with these beings, we need a form, expression, and personality in order to feel comfortable communicating with. We are not comfortable just talking to invisible, incomprehensible beings, so therefore we place our ideas, and beliefs on to these beings. Some of us like to call them Lord Sanada, Saint Germaine, if we live in a society that

is mainly Christian. We place our images and ideas of these characters upon these Sirian saviours and see them as Mother Mary, Quan Yin, Buddha and the Archangel Michael. Those of you who were younger and did not have the same programmed beliefs i.e., you then may have seen these beings as Extra –Terrestrials, or Space ship commanders, some called these beings the Ashtar Command.

These Light Beings were stuck in the fifth dimension version of the Earth. The whole universe is transforming and they knew that in their constricted condition, they would not transform with it. They needed energy in order to survive in their fifth dimensional prison. Those of you who worshipped these beings, as the Ascended Masters, were becoming energetic food for their survival in this level of consciousness. What ever you give your attention to, you feed, and so with every prayer that you gave to these Ascended Masters, you gave them energy.

Now the fifth dimension is higher in the vibration than 3D but it is still in polarity, black and white, good and bad. These Light Beings could not ascend, so they choose to stay at a 5D level. They were stuck on the 5D Earth because they could not ascend any further up the evolutionary ladder due to the fact; they had incurred karma, during their last visit, here on the Earth. They had been responsible for splitting the Human Soul into its two halves, the female and the male, light and dark This was seen as a grand manipulation of her creations by the Goddess of the Earth and therefore they became locked in their fifth dimension.

The following is taken from my new book, Her Perspective . It is about the history of Earth.

"I remember Mu. For that is the true name of what was later to become Lemuria. I went to visit Los Angeles; I had read that it was special because it was one of the last places of the Motherland, the land of Mu. Reading this inspired me and fascinated me. As soon as I arrived I became very sick and feverish. I retired to my bed, which was said to be over a vortex of energy. As I closed my eyes and relaxed a vision, a memory began to surface.

The planet Earth was not so dense, as it is for us now. Its energy fields swirled and twisted in all the colours of the rainbow. The Earth was like a mouldable pliable substance that could be changed and formed into new creations. This world was not so permanent it had a temporal and flexible quality to it. It could be inspired and directed by thought. Beings could come to this planet and send their creative thoughts to create, form and manifest their thoughts, their ideas in a living, breathing dimensional form. The consciousness of this planet was a living conscious being, the Goddess. She created trees, valleys, flowers and mighty oceans and mountains. It was paradise. The love frequency that was present at this time was incredible. The whole planet oozed love, a sensual love, sexual, creative, biological, wild and over whelming. For that was the way of the Goddess. With every thought, waves would ripple out, this shifted the form of the planet, and the landscape would shift and change. The planet was beautiful, the colours vivid and alive. Rich, lush jungle covered the land of earliest Mu.

There were beings there. They were of one vibration, two bodies, and one soul. Itzhim and Itzme were one being, in two bodies. Their bodies were fine and beautiful, their vibration one of light and love. Unified as one, they would appear as a beautiful light being. As they separated playing with the separation of the frequencies of male and female, Itzhim and Itzme would change their forms to resemble light bodies. They could play with the changing environment, separating themselves from each other, though briefly to make love. They could exchange their energies, merging and unifying their love. They also made love to the planet, with every feeling of pleasure, they experienced. They were very aware of the presence of the Goddess. They exchanged love with their home, as if they were all one. As the planet began to drop in vibration, they transformed themselves into dolphin body and swam the mighty oceans.

Consciousness of sexual identity is so strong, that gender may seem an essential part of being human. Yet I have noticed that the main theme which underlies most world mythologies and religions, say that humanity originally was not divided into sexes. The Bible, for instance, states that the first human beings were created male and female, in other words, as androgynous beings.

They were a double-sexed race separated into two sexes. They were separated by Zeus into male and female halves "like a hair dividing an egg," each half thereafter seeking the other, in order to complete itself. Or so the story goes.

The hermaphrodites had grown too ambitious; Zeus decided to split them each in half. After doing so, he discovered that the now, separate sexes spent all their efforts, trying to join themselves back together. "Neither would do anything without the other." Zeus then moved their "privates" in such a way that when any two embraced, they might conceive and thus propagate. This became the energy of innate love for one another, that which drives us to couple, is to make the two into one. (An Ancient Greek Myth)

As humanity became more physical, it developed human consciousness centres to express its human aspects through. Mental forces entered consciously into human awareness. This point was the defining moment in human evolution, immortalized in myths around the world as the coming of mind. This was the emergence of human selves .It was the bipolar activity of their mental faculties that caused the androgynous humans to gradually separate into two sexes. At first, occasional individuals were born in one or the other of the sexes, until finally sexual beings became the normality and androgyny disappeared.

Zeus charged Apollo with the duty of bisecting the humans. The neck was turned around, so that this new incomplete body would be able to fully view itself, as a continual reminder of what it had lost. Thus, these strange quadrupeds were made into bipeds. And they were lonely. After the division the two parts of man, each desiring his other half, came together, and throwing their arms about one another, entwined in mutual embraces, longing to grow into one another. They were on the point of dying from hunger and self-neglect, because they did not like to do anything apart. (An Ancient Greek Myth).

A perfect match exists for each person,
a literal other half,
two pieces of flesh that were once one flesh.

"Apollo did not respect me, the Goddess in form, the essence, the intelligence of the Prima Materia. He cut into my Rainbow serpent's body, he divided and split my beloved being in two, he separated the sexes and created a being , that he and his friends could incarnate into, in order to live upon my paradise isle. Through this separation, a grave injury was done to the relationship between male and female. They were driven apart and over time began to physically manifest, great differences between them. "

Limiting consciousness through separation and polarity
An illusionary mindset, one principle dominating the other
Magnetic-electro energy
Gender ,storing energy and the force of action
Magnetic feminine force , projective masculine energy
Yin and Yang
Forces in a constant cosmic dance

The sexes were separated so that mankind might understand the operation of the principles and characteristics, that the Universal Dreamer possesses .Without the physical counterpart of the male and female principles; there is no way to understand the invisible spiritual creative process of conception. From these opposites, male and female, comes a new creation. The curse is to be rendered half a person, a being looking for the other half, longing for a coupling that will bring absolute fulfilment.

I long for him and him for me.
Separated by fate and a decree from on high.
Forever searching under ever stone, and leaf,

constantly haunted by a memory of a love, divine and true.
 The pain of separation.
 Divided in order to divide.
 Constantly seeking unity and completion.
 Always only half of something.

Itzme speaks. "Who were Zeus and Apollo to do the splitting? Who were they? Embraced in pure love we moved our bodies around and around each other, so that there was no separation between us, we were one on all levels. Moving our forms through the beauty of Earth, we were in ecstasy, we were happy. I remember looking up to see star ships of light in the night. At first I thought they were shooting stars, but as many began to come closer and closer to the Earth, we realised they were the ships from the distant stars. I remember the laser light of blue neon shooting through the night sky. The laser cut through our body, separating us in flesh and soul. The pain was unbearable. They split us in two, no longer were we one. They took Itzhim away in their ships of light. They judged me said I was bad, female, a woman with no mind. Now I stand upon a lonely ridge looking at the night sky, but Itzhim does not return, my heart aches. I curse and shake my fist at those beings from Sirius Star. "

These Light Beings would not be free until, they had released their karma. In order to do this, they would have to incarnate into the human experience and go through the suffering that humans endure everyday. The Light Beings saw this as a devolutionary process, to allow themselves to descend into the Earth's 3D and below as a form of punishment and degrading their status. They became pompous and self righteous, teaching many people complicated rituals and meditations to detach them from the energy of the Earth and the idea of death. They taught those who followed them, to want to transcend death and detach themselves from life. They stimulated the need in people for a teacher of the way, to their own advantage. Many of these rituals were designed to capture the energy of 3D people, to feed and sustain their illusionary version of heaven on Earth. They taught Merkabar techniques to disconnect people from the planet matrix, readying them for ascension. The time I spent in this artificial reality they called L.A (Light Ascension), I came to realise that these beings were locked in their perception of reality, and even though it seemed to be of the light and of the good, I felt ill at ease and knew in the depths of my soul, that this ascension plan was not my way. It was as if L.A was infact an ascension ship which would soon be leaving for the fifth dimension. All I knew was that I had to get off and I was not to follow this energy, no matter how convincing they were.

All that was needed, for the Light Beings to clear their karma, was for them to acknowledge their duality in its split form and integrate it back into the wholeness of their multi dimensional self. That is to say that they needed to put themselves back together as one. The splitting of the human soul was a direct reflection of their way of being. They were split not only in extreme polarities of male and female, but also as light and dark. The light half of this energy is pure, and full of love and has spiritual understanding, however they are incomplete, without their darkness. They would not acknowledge that they could have a dark side, let alone integrate it. So when Gaia offered them the chance to release their karma and be free to transform and move up in dimensions, they were interested to know more. She explained to them that they were running out of time, as the Mayan clock was ticking for the whole universe for all dimensions still in time. She offered them the chance to have a quick fix, if they choose to drop through the dimensions and integrate their dark sides, they would undo the karma, they gained from splitting the human soul into two, and then they would be free.

Energy is food to beings stuck in dimension, any stuck being is not embodying the truth - they are the creator of their own reality. They are then cut off from the Source and need a food Source to replace it. Every prayer or sign of worship of a being outside of yourself is not being in your truth, as the Creator. Lord Sananda , Saint Germaine , or even Mother Mary are not going to do it for you , no matter how hard you pray , or follow all their teachings to the letter, or preach their new age religion . This form of interaction with a group of beings is not in truth, it is not honouring yourselves as the creator of your reality.

Wake up, if you are the creator, then you are everything, you are Lord Sananda, Saint Germaine, and Mother Mary , all on a higher dimensional level. If you are the Source of your own reality, then who on Earth are you praying to, other than yourself?

Many of you soon learnt that no matter how amazing these beings first appeared to you, there were bigger versions of yourself on the dimensions above the fifth and you looked for more. You began to look within your self for answers instead of giving your power away, as food to these beings.

You evolved!

It was all part of the process; they aided your development and were a valid stepping stone on your way home. However now is the time to acknowledge yourself as the creator of your own reality and create bigger versions of yourself? There are yet more steps to take. For we still have a very long way to go. We can not rest on our laurels and hope that through our new age incantations, we will attract some ascended being who is going to save us. We have to stand up for who we are in truth, a multi dimensional being here focused in a 3D body to aid the Earth in her transformation. This first experience of this energy in L.A was only the beginning of a realisation that led me to my truth.

I want to make it clear who these beings are and what their intentions. They are not in any way negative and in a way that is their downfall. They are pure light, when they channel through those on Earth in body, they are not lying when they say they are of the light. For they are completely light, they are only half of the story. Everything in creation has two sides to its nature, a dark side and a light side. These beings are cut off from their dark halves, they are not whole, and they are split. This is their problem. They will not look at, or even acknowledge that they have a dark side, therefore they will not integrate their dark sides. They will never be whole. The light on its own is just as destructive and out of balance in this universe, as is the dark without the light. So therefore the more these Beings aligned with the light only, the more disassociated from their dark selves they became. This occurred over thousands of years and caused a massive imbalance in the universe. The races that have their roots in this imbalance were early visitors of Earth and its humans. These Beings have not only visited Earth during its early development , they have also ventured far out into the galaxy , merging their light with other beings , creating the leagues of light , the Galactic Federation , and many other groups aligned with their mission and purpose.

Their purpose was to take all light back to the Source. Well that sounds good doesn't it? Ascend through the dark dimensions, 3D and 4D to the light of the fifth dimension. These Beings became masters of ascending planets. Each planet and species that they came across they taught them ways of ascending back to the light of the Source. So as they taught they became masters of ascension. They taught information about how to control the Merkabar Vehicle, so others could travel freely through 5D. This all sounded wonderful, until there was new game plan from the Source itself.

The Source breathes in and out; it calls all beings back to itself. It breathes in and out. We have travelled this journey so many times before. Surely you can remember how many times you have been on a planet in one form or another, whilst it was ascending. One? A hundred or thousands of times. We are adept at ascending planets, old hands at it. We have written tablets of stone describing each intricate detail of the ascension plan. We are masters of ascension. We built pyramids to ascend back to the stars. We have incarnated many times in to many different races of beings, whilst they ascended from one dimensional vibration to another. And the Source, during it's in breathe, came to know this too. The Ascension, we know every step.

What happens if there is a new game plan, what happens if the Source wants to do it different this time?

These Light Beings have been at the fore front of so many ascensions, that the split in their expression has become wider and the imbalance has now locked the whole universe in a repetitive process. The Source is always looking for new experience and therefore decided that Earth story would be different. Those who are stuck in their ascension process will once more return to the Source, they will be merged with the Source of all light and cease to be individualised. Just as they pray for. For me this is wasted creative talent. The Source has realised that without the integration of the dark side of its nature, it will continue in this loop of existence, breathing in and out, with no change. The Source is calling all beings to integrate their dark sides, so something new and unknown can occur on this planet Earth. This has never been done before.

I knew when I was in the reality that is L.A that I had ripped up my ascension contract. I was not going to leave on the Ascended Masters ships of light. I could not say what my plan would be next, all I knew was that I was choosing to stay here in 3D with Gaia for a reason, if only I could remember what it was. You see as I came through the barrier that quarantines Gaia from the rest of the universe, I lost parts of my memory. However my intuition and my perception of my truth was still very strong , so even though it seemed to go against all the new age teachings , and I was really going out on a limb with this one , I knew I had to . I could not follow them to the light of the Source, I was going somewhere else. I infuriated those who wanted to give me information about ascension, they preached their new techniques and I must admit displayed their egos. There was a panic about their approach, like they were running out of time, which indeed they were. Like I said there had been a call to rescue sent out into the galaxy and a Sirian ships of light were coming to rescue many Sirian souls who were trapped here, this ship arrived on the 3rd of May 2004. Since that time it has been in orbit around the Earth. Many choose to board these ships and ascend. I felt many leave the surface of the Earth. It became a little quieter and I felt like there was more room to move. It made no difference to the reality that was on the Earth, but the new age panic was subsiding.

**If you are reading this,
You did not ascend on the first wave of light.**

There will be more departures, over the next few years, right up until the 2012; there will be arrivals of ascension ships, coming to take you back home to the Source, if that is where you would like to go- AGAIN.

This was the first of many. If it is your truth to board these light ships, and ascend yourself in to 5D, such as is offered by the ascension process, then go ahead, I wish you well. However I will be not be coming with you.

I am choosing something different. I choosing to go down into the lower dimensions, I am going where Angels fear to tread. Are there any of you brave enough to come with me?

To go over this one more time, just to make sure I am understood. For me it was like this: I have ascended every form ever imagined back to the Source. I have been a body ascended, a planet ascended, a star ascended. I have expressed myself as every manifestation there is, I have also ascended in these forms right from the lowest dimension to the highest. I have breathed in and breathed out. And now I am bored, I want to do something different this time.

So obviously the ascension was not my way to go, if I wanted to achieve this something different, this something new. So I turned my back on the ascension. And I just like Lucifer went my own way. For me this was the right way.

This is my truth.

What is yours?

Mars Artificially Ascended.

As I descended through the lower dimensions, I became aware that the ascension process had not always been a natural phenomenon. Sometimes it had been against nature and had gone against the evolutionary flow of the universe of form, the universe of the Goddess.

During my descention to earth, I entered a field of energy, which seemed to contain all of Earth's records .All the memories of the other planets, in the solar system, were filed there. I looked into the history of Mars, Gaia's brother.

In my human life and body, I was experiencing food allergies. They began with an intolerance to wheat, dairy and sugar. All these foods were white. This intolerance accelerated to become, an extreme allergy within three days. My human form was experiencing intense electrical shocks, burnt, blistered and swollen eye lids, pale skin and a drop in temperature and heart rate. Basically going into shock. Then over a period of two months, I successfully became allergic to all food, and sunlight.

Rather unpleasant symptoms!

Once I had successfully integrated my spider aspect (see *The Mission of the One Star*"), my allergies disappeared.

One year later, *(taken from my new Goddess book)*.

"I dreamt I was on another planet, I thought it was Earth. But when I looked closer, the sky was red and the ground was all sand, red sand. I was in a city, very much like a city on Earth, with transport and people; it was very physical, a third dimensional place. There were people there too. They looked just like humans, very much like the Chinese people on Earth. All of a sudden there was a commotion between the people. Someone told me that there was going to be a disaster and we were all going to be killed. I was scared and tried to find out more, but everyone ran away terrified. Everyone was in panic.

Inside of every planet there is a Dragon consciousness, a matrix of consciousness that makes up the bones of that planet. Earth has one, as does Mars. These Dragon beings are immense and create the physical universe. They hold the planet in the dimensional vibration frequency that is chosen by the essential being, which resides within its body. The Dragons sleep inside of the planet, until it is ready to ascend the levels of dimensions and ascend. Then they awaken and fly (so to speak) through the dimensions and ascend the very atomic structure of the planet into light. This process usually happens gradually and in harmony with all life on and around the planet. However if this is artificially triggered, when not all on the planet are ready, then it can have devastating affect. This Dragon consciousness is the merkaba of the planet. Beings were inspired to activate the merkaba (the Dragon consciousness) by artificial means.

I saw the Dragon in the centre of Mars; it was red without any wings. It was not ready to awaken and ascend. It did not have the wings to fly. It was angry and red. I remember someone saying that if a Dragon did not have wings, then it was not evolved, as it could not fly.

"They have awoken the Dragon ", the man screamed as he ran by with his arms full of possessions. As a Martian, I knew what this meant. The Dragon was not ready; as it awoke it would pull all of matter up through the physical dimensions. All the atoms in the body would begin to vibrate at a faster rate, until there was friction in the cells. This would create a spiritual fire. We would all be killed. We were not ready, no one was. The spiritual elite, the priesthood had been playing with new technologies, way above our evolutionary know how. They must have been given it, by someone else; it was far too advanced for our civilization. They had plans to ascend our planet to the light.

People were screaming, as many knew that there was nowhere to run, the sand beneath our feet was beginning to ripple, as if a giant serpent was beginning to rise. The vibration began in the body, like a washing machine on spin cycle. It was not unpleasant at first but as it increased, the body began to activate its survival codes and push its preservation panic button and fear took over.

I looked to the skies to see hundreds of ships taking off, from the surface of the planet. The elite were leaving, evacuating a dying world. I looked to my left to see a woman burst into flames, as her body could not take the raise in frequency. The planet began to shake and fire filled the air.

I awoke to find that, my whole body was covered with deep black bruises. I could feel the memory in the cells of my body. And also I could feel the fear. Throughout the day I healed my memory and watched as the bruises disappeared. I was fascinated; the body had reproduced the memory of Mars, as physical bruises on my body.

This dream made me think, I wondered a lot about ascension .My new ideas were going against what I had read from other channels, from Ascended Masters, Angelic Beings and even some of my E.T aspects. Was ascension the right way for me to go? I know that when people tried to give me information about the ascension, I would experience an energetic pipe which was connected at my solar plexus. I would feel a drain of energy, like I was being vampired. I would be warned by other aspects of myself in higher forms, that I was to not give this my focus what so ever. I realised that this ascension, that they talked about was not wrong; it just was not for me.

I had seen in my memories, one system, after another, take the path of ascension. For some it was successful, for others it was not. I watched as every example of how a planet could ascend was played out in the universe. I also remembered when I was other kinds of beings, contemplating changing the energy of a planet, for its own benefit. I had seen the negative side of the ascension plan. I have ascended before so many times, in every expression there is, and it has not always been a natural process coming from the wishes of the essence in the form – The Goddess.

So is the Ascension, my truth??

By any means possible, even if I do it artificially?

There are many stories going on all at the same time. In my doubtful moments I wanted to say I was mad for having these thoughts, as everyone else was almost worshipping these ascended masters. I noticed how the techniques became more and more complicated and time consuming. There were more rules, laws, and conditions. There was no sense of being the creator of your own reality, all there was, was the giving away of all your power. There are many beings, who you think are more spiritually evolved than you. You think that if they are on a higher dimension, then somehow they are better than you, on the third. If that is the case, then the Source is the best at the very top and then the Angels, then Star beings, and last humans, no wonder we all feel so wretched in these human experiences. If we are creating our own reality from this concept, then **we are lost.**

What if that simply is not true? What if the dimensions do not go up and down, but are all sourced in your centre and radiate out from **your centre, as a human being? What if there is no where to ascend to?**

Not all beings who radiate light and ascend the dimensions are ascended masters, you know! (*Taken from Her Perspective*)

"The Annunaki came to Earth, to mine Gaia's gold. They alchemically changed the gold's composition and created a new substance. The substance the Annunaki made, by alchemically transforming gold, gave them the ability to shape shift. Gold gave them, within themselves, a conductor of energies. This allowed them to hold amazing amounts of energy within their bodies. This process activated the d.n.a and light body, giving them the ability to travel inter-dimensionally and shape shift, thus they could manipulate and control their own Merkaba vehicles.

Gold the element of Kings.

Gold, the dreams of a rich man.

The rare gift of the universe.

A corruptible ore.

Manna. (Mono Atomic Gold Powder)

The alchemists of old knew what they were doing when they tried to turn lead into gold. Their quest was to accomplish the Master Work, in other words, to prepare the Elixir of Life. They were taught that the key to success was to divide, divide, and divide. Their aim was to free the atoms of the element – gold, from the confines of its crystalline-like structure. During this process, base third dimensional gold, transformed into mono atomic gold powder or also known as Manna. This was known as the Star – Fire of the Earth.

Star fire of the earth.

Prima Magma.

The Philosopher's Stone.

The elixir of life.

A gift with a price.

On a stone tablet found at a Hathor temple on Mount Horeb, there shows, Sobekhotep, "Overseer of the Secrets of the House of Gold", standing behind Hathor offering conical cakes. These cakes are manna, Star Fire; a white powdered gold. This mono-atomic gold, was produced through a high fire alchemical process, this was then consumed by the Pharaoh to feed his light body. This is what the Annunaki came to Earth for, mono-atomic gold. They came to steal the star fire of the Earth. Many planets in the universe contain minerals, diverse and numerous, there are also many planets, that contain gold. Gold is a great holder of information. The gold that was deep in the bowels of the Earth was holding the energy and the secrets of the Goddess. As this Earth Manna was ingested, it brought the Goddess' secrets of creation and her ability to create realities, into the hands of the Annunaki. They stole the goddess' wisdom, her elixir of life.

When Manna is consumed, it increases the current carrying capacity of the nervous system by ten thousand times. Ingested Manna breaks down the psyche and gives the recipient illusions of grandeur. The soul loses the skill to make the inner gold / the inner fire. Manna blows up the spiritual ego, to the point where they person proclaims, they are enlightened, ascended and spiritually evolved. The truth is they have only over inflated their spiritual body. The inflation of the spiritual body allowed these beings, artificial ascension to the higher fifth dimension. However they were and still are, unable to ascend any higher, as they do not have the natural means to do so, as they are only where they are, because of the artificial ascension of their spiritual body. They are therefore stuck in their current dimension. To descend in dimension, is to fall in consciousness. If they allowed themselves to do this and go through the natural process of the death portal, they

would be reborn a new. The Goddess would cleanse them of the karma that is incurred, during such an artificial ascension and allow them to rejoin the ascension ladder and naturally ascend up through all dimensions back to the Source, The Universal dreamer.

Unfortunately these beings have such over inflated egos; they will not succumb to such a thing. They secretly hold great judgements towards the energy of the Goddess. They will not allow themselves to lose their status of consciousness, as they pass through the death portal. So they stay stuck in their artificially created fifth dimension world. They have not transcended death and therefore need certain elements to stand in their positions. They therefore need energy to keep them sustained. Many of these beings become vampiric, sucking the life-force of lower dimensional beings to feed themselves. Many new age followers worship these beings, only to become food for these artificially ascended masters.

Ingesting Manna, can give telepathic abilities. It also gave the Annunaki the ability to levitate and/or bio-locate. They could project their thoughts into other peoples' minds, and resurrect their dead. In effect, the evidence suggests that an individual taking Manna can become a fifth dimensional being, even if it is only artificially!

The Annunaki were mortal, like any other being in the universe. They were born, grew old, and died. They fought with each other, loved each other, and shared many other similarities with the human race. They sought release from their mortal existences, they wanted to transcend into perfect beings of light. They wanted to build a perfect society of utopian perfection, with each member of the race, a godlike being. After many eons of searching, they finally found a way to achieve their goals through the ingestion of Manna .They wanted to become that without shadow, but they refused to give up their darker sides. The first few Annunaki to transcend caused an unexpected side-effect; they left their darker halves behind to wreak havoc in the universe. The shadow Annunaki began to fight each other in wars of unparalleled destruction. They brought forth allies from darker places both in their minds and in the physical dimensions. They controlled many of the star gates in the galaxy, controlling the passage of many different races.

"The gold of that land is good." Genesis 2:11-12

The ingesting of Manna is symbolically represented in the film Dune adapted from the book, written by Frank Herbert. One of the finest, most widely acclaimed and enduring science fiction novel of this century. Set on the desert planet Arrakis, Dune is the story of Paul Atreides, who transforms into a messianic figure called the Muad'Dib. Arrakis is the sole producer of the Spice Melange. The spice is very similar to Manna. I recommend the book and the film, watching this stirred many memories within me.

"In this time, the most precious substance in the universe is the spice melange. The spice extends life, the spice expands consciousness, the spice is vital to space travel. The Spacing Guild and its navigators, who the spice has mutated over four thousand years, use the orange spice gas which gives them the ability to fold space that is travel to any part of the universe without moving." (Taken from the book.) "

I know this will sound crazy, but what if sugar works the same way as mono atomic gold, what if, we are artificially ascending away from the Goddess, into some artificially controlled reality controlled by Annunaki beings.

Just a thought? Lol....

Have you read the ingredients on food packages lately? All things white. Sugar is an abuse against nature, by refining sugar, the crystalline integrity of that food is rewritten. Have you any idea how important a being, a crystalline entity is?

Taken from a recent reading:

“You are a very unique being indeed. There are very few of your kind, which can have chosen to incarnate into the human experience. You are what I call a crystalline entity. On the higher dimensional levels, there exists a dimension of pure sound and form. These sounds create patterns that resemble a very complex crystalline consciousness. If you could look upon it, you would see that it looks like a giant complex and intricately formed crystal. I do not know if you did this experiment at school. You take sand and put it onto brown paper and then play a sound through a speaker, and the sand moved and formed a pattern. This is what I am trying to show you, on a very high dimensional level, you are this kind of consciousness. This is very abstract a concept for your human mind, but you are so very highly evolved on this level, that it would be almost impossible to really understand the language of a being such as this. You will never be able to have a conversation with this level of your soul self; it would literally fry your brain. We as human beings do not have the ability within our physical brains, our neural pathways would fry. So therefore we have to find a new way to communicate, that does not need words, or rational constructs in order to communicate. So this level of your multi dimensional self is using crop circles and geometric forms and shapes to try to communicate its message to us, in a way that bypasses words.

This consciousness is a group. It is made up of many different energies, which have all come together as one being, or entity. It is the over soul of many other beings, that are scattered throughout the universe. On this level thoughts are made into crystalline patterns. Thought has pure consciousness. You are a part of this grid, this consciousness structure. You are not really an individual being at all, on this level. You are part of a whole and also contain the whole. You are both the Microcosm and the Macrocosm.

You are dualistic in your nature. You have the ability as this being to access the mirrored realities of the lower levels. You can bring in the form of geometric shapes and patterns your energy, to anchor your vibration in the lower dimensions. You are the crystals on the planet, you have the ability to use all crystal forms here on the Earth, and all crystals can be a carrier of your level of consciousness. Obviously the more the crystalline form is still in tact, the better a carrier of this energy, the crystal becomes.

The sixth dimension is a place of sound, color and most of all geometric patterns. This is the level that you can access and travel through star gates. Star gates hang in the blackness of the void, as beautiful intricate snowflake patterns. It is your level of consciousness that has created these gateways. If you imagine the sixth dimension as being made up of portals to other worlds, dimensions and realities. It is a train station; you can go there and transport yourself to any level or dimension and space in the universe. “

What if through our food and its crystalline structure, we are the ones being refined.

Is this a good thing?

We are becoming unnatural.

That is what happened to the Nibiru. They became unnatural, remember what they did to their planet, they converted into a war ship.

Taken from Her Perspective by Alloya

"Wormwood

Nibiru, dark star.

The Winged disk, of the star of the east.

The Blue Messianic planet

An Annunaki Battle Ship.

Nibiru is the name given to the home planet of the Annunaki Overlords that came to rule on earth, thousands of years ago. The planet was home to the great Annunaki god - Anu. The Ancient culture of Sumer, worshipped these Annunaki beings as Gods. Seeing them come from the skies, in golden ships of light, early primitive man must have thought they were angels.

Nibiru was originally a planet, with an atmosphere and life supporting systems; however many times in its history, this giant planet was thrown out of its orbit. One of these times was during a catastrophe that occurred in the Sirius B system. This catastrophe had devastating effects on the Nibiru planet. Sirius B once existed as a Red Giant Star. It exploded and then collapsed in on itself, to become the White Dwarf that it is today. In the course of this event, one of the planets in the Sirius system, the planet Nibiru, got blasted from its orbit .It came to rest in the Pleiades (also known as the seven sisters) and is often thought to be a Pleiadian planet. Eventually it was gravitationally captured by Earth's Sun and thus became the "Twelfth Planet" of earth's solar system.

Nibiru was a huge planet with an intense magnetic force field, it moved through the heavens on a very wide arch, wreaking havoc in its wake. It often appeared as a bright star in the sky, its brightness was due to gold dust, which was suspended in its atmosphere. This gold dust was used to maintain its environment and repair the damage that occurred, during atomic attacks in numerous galactic wars. Nibiru became a ship, when it was converted from a near lifeless form, into a spaceship. It became a battleship; it was outfitted for war and destruction.

The Egyptians called it "the bright star of the crossing."

No Annunaki alive had any memories of Nibiru as a living being. Their only memories were of a planet designed and reconstructed, as an artificial world, a battle ship. They did not have the concept that a planet such could be divine. They could not see divinity in form; they could not see the essence in the form."

This story is being played out on all the levels. Again I came to the conclusion that there were indeed artificial ways to ascend, and ascension was not always the most desirable way to go. Yet all the new age teachings were telling us to meditate, using special breathing, and mantras to activate and manipulate our Merkabar Vehicles. Deep inside me I knew that I was not to go this way. So I gave away all my books, magazines of the new age and went back to treading my own path. As I walked away in energy from the ascension plan and all the beings which feed it as a concept, I felt very relieved. I knew that I had made it through a very big test; I had chosen like Lucifer to rebel and it felt good, right, **my truth**.

I came to see the ascension schools, as bubbles of light, on these higher dimensional levels. I realised that there were many beings locked into one dimension or another , more evolved than those on the 3D , but still limited by and locked in one dimensional expression only. These bubbles contained beings that were not in their ultimate truth as the Creator. I saw how even the Angels on the very highest level, were also locked in one mode of consciousness. All the split aspects of the Creator were held in the illusion that they were in separation to the Source. This illusion travelled down from the very highest levels, right down into the lower dimensions, where there were beings

that had no concept at all, that they were part of the Godhead. I saw various beings coming into the picture. The Ascended Masters, the leagues of light Angels, Michael, Uriel, Raphael. I saw various races of Extra –terrestrial beings, such as the Pleadians, Sirians, and Arcturians. I saw them inside of these bubbles of light, teaching the souls of light workers on the planet Earth, some were beautiful and alluring. I even wanted to go inside them, as I passed through the sea of light bubbles on the fifth dimension. But I knew that I had to continue through them and head for the darkness. Do not be allured by the light, I thought, I was coming from the Source itself, this light paled in comparison. With the thought of the ultimate light in my heart, I moved into the shadows.

Walking into other realities.

I was in Sedona, Arizona, USA. I was there on a six week trip to teach seminars and also have a holiday in the desert. I simply loved Arizona, and Sedona, especially. I felt at home there. I could see thousands of beings in the rock formations. I got the feeling I had been there before but thousands of years ago. The fairy aspect of myself (see The Mission of the One Star), was very familiar with this place. I was obviously tuned into the fairy dimension and not 3D, as no one else could see this beings, who manifested themselves in the formation of the rocks and looked very obvious to me.

I was there to meet a lady that had miraculously taken videos of Light ship sightings. She had invited me and some others to join her on a hilltop in the desert, to see the ships come in. When I met her I was not at all surprised to see that she was not human but a Sirian / Pleiadian hybrid. Very human looking, but with the blue eyes of the Pleiadian race and the blond almost white hair of a Sirian race. She had merged the two aspects of her soul into one, she was not a super hybrid (see the Mission of the One Star), but she had successfully hybrid her two selves together. I was impressed. She was also creating her own reality amazingly; she was manifesting the appearance of light ships from the Sirian / Pleiadian Alliance into the third dimension. And she could capture it on film.

Since the completion of my integration, I find it very easy to recognise other people's soul aspects. For me this woman that I met was not a woman, (or only a small part of her was human), for me, I was in the presence of a Sirian / Pleiadian Alliance member. Just as she had merged these two energies as one into the cells of her human body, she manifested outside of herself, the process that was going on inside of her. Thus the Sirian / Pleiadian Alliance were created in the universe. Outside of the lower vibrated dimensions, time does not exist; therefore it is possible for this woman to have created these beings in her reality, which was shared by others. She had birthed these beings.

She told me how she had had a phantom pregnancy, and even went into labour. They even did a scan on her and she had no babies. But what was evident in the shadows of the scan photograph, was a vivid image of two twin babies –perfect babies and behind, the image of the Mother Mary. I believe that she was manifesting again into her outside reality, in a 3D scan photograph the process that was going on inside of her. I think that the two babies where the Sirian energy and the Pleiadian energy coming together as one, within the womb of this woman and the womb of the Goddess of Earth. I think she as a human , had a Christian background so therefore she saw the Goddess as Mother Mary, someone else from a different background may of perceived her as a different idol. Never the less, she was manifesting the merging of her two soul aspects into one being, inside of her human body which is the Goddess. I have been told by the Goddess that only in the cells of the human body (given by the Goddess); can allow an amazing process such as this to occur. The Goddess is like the vessel, the cauldron in which an alchemical process of the mixing of soul aspects can occur. She told me that my merging my soul aspects as one, in the hybriding process, I was healing and balancing the imbalance between the different beings and races in the universe. So there was more than one process going on. I was seeing the merging of soul aspects which healed the individual but also affected the whole races, that we also were hybriding and interbreeding to create for example the Sirian / Pleiadian Alliance.

Inner reality, outer reality.

I think when I am thinking in multi-dimensional terms, I have to think on all levels at once. The Sirian and Pleiadian beings inserted into the womb matrix of this woman's body, their instructions to create a blueprint for a new kind of being- the Sirian / Pleiadian Hybrid. She told me that shortly after the scan, she felt what she described as an light operation , she felt the design taken from her matrix of her womb and she knew the energy of the babies were gone.

It is interesting that in German the translation of womb is Mother Matrix. I believe that E.T beings can use our wombs, or matrixes to create new beings in the universe. This hybriding process is balancing all the different races in the universe and also hybriding all dimensional expressions into one super being. (See The Mission of the One Star last chapter).

We walked up a hill in Sedona, to look for ships, about 11.30 pm. I was unnerved by what I saw in the eyes of her young assistant, who carried the equipment. This girl had very dark brown eyes, and above the pupil was a square of light. It was not a reflection, as it disappeared under her eye lid when she moved her eye. It was radiating from the eye. I did not know why I felt this, but this disturbed me. I felt like I was in the presence of someone who was altered, a different consciousness. It was not like I found it threatening, or that it would be a bad thing to experience, but it was very physical proof of something extraordinary. I was in anticipation of something, which I did not know.

The night was very clear as it often is in the desert; there were many stars to be seen. Suddenly out of the blue the light ships appeared. There were three of them, bright white lights, in triangular formation.

I must admit I have no conscious memory of anything that went on that night. As far as I recollect, I watched these ships for about 3 minutes and then they disappeared. However, when I returned to the car, I was shocked to see the time. We had been on the hill for 4 hours, where had all the time gone? And why could I not remember anything much after the ships disappeared? Was it because I went with them?

The next morning I saw in the mirror that I now had the same square of light in my eye, as the brown eyed girl from the night before. I felt strange, like I now perceived a slightly different reality. I felt like this square of light in my eyes was an indication to others of who I was. Like this light was in someway a security tag, so I could enter an undercover reality.

I saw how the whole of Sedona was under a triangular energy field, which was turquoise in colour. When we had first entered this space in the car, I felt the energy shift straight away. The air became clearer and fresher tasting. MY body felt lighter and I was aware of immense love. It was wonderful. As I got the information that we were now entering a triangular protected energy platform, we drove past a garage called the Turquoise Triangle Garage. I thought that was a nice touch. I love it went my reality speaks to me in symbols like this , it is such fun. Some people think they are going mad when they experience this.

This platform belonged to the Sirian / Pleiadian Alliance, it was like a huge triangle light ship had landed in this space and we were entering it, as we drove into Sedona.

People have reported seeing ships landing in Sedona.

Sedona is a star ship.

It is docked there and those of us, who visit, are entering Sedona star ship and staying there on the holographic reality, just like in L.A. The difference was for me that this was in alignment with my truth as a being. I was invited in and was held in my truth vibration. It was connected to the planet and was in total communication with Gaia. The love from Sirian / Pleiadian Alliance and the Goddess was amazing. I was not locked there either; I was a quest not a prisoner, not like I felt in L.A.

I spent five days there in total, that trip and saw lots of hybrids in human bodies walking the streets. It was a very amazing adventure. What really made me laugh was that there was a "We" gathering going on. This was a conference for walk-ins called We. I was seeing all sorts of hybrids; it was hard to keep a track of the individual species. We were all merging.

We set off on a 3 day journey to a crystal dig in Arkansas.

Two of my friends were going in a truck to drive across states to Arkansas to a crystal mine to dig for crystals. I decided after returning to Arizona after my visit to Sedona, to go with them. I went my friend's house to sleep the night before leaving for our journey, the following morning. That evening at around 9 pm, the Goddess began to talk to me for the very first time.

(Taken from Her Perspective by Alloya)

"I went to visit some friends in Arizona. They were traveling across states to Arkansas to go to a crystal dig, to dig for crystals, so I decided to go with them. As I watched out of the window at the beautiful landscape of Arizona and New Mexico pass by, a trance came upon me. I could not speak, or eat, or sleep for the next three days that we traveled across America. I could hear the Goddess talking to me, it took all my concentration, I could hardly speak to my friends, I managed to explain that I was talking to the Goddess and they kindly allowed me to do as I wished. I felt like I was on a drug, I was in a totally altered state. My eyes were wide and my energy levels on a high. For the next three days the Goddess talked to me none stop. At first I tried to write it down, but as tiredness set in, I was forgetting more than I was writing. "Do not worry she said "when you come to write the book, you will remember. " A book, what was she talking about? She explained to me that she wanted me to write her story.

Not only were there words, spoken with an ancient old English tongue but also images in my mind to give me a visual version of the story. "What story?" I asked. "My story from the very beginning to now" she said. She told me about her life and all about the various beings that had come to visit her and the many deaths and the births. She wept as she told me about the misunderstandings about her and how her myths were now full of lies. "You must write my story" she said.

"I am everywhere" she said. "This land is my body". As we turned the corner of the road, a line of hills could be seen in the distance. As we got closer, I gasped, as the whole line of the hills formed the curves of naked woman lying on her back in the sun. There was a forest for her hair, the curves of her breast, a little dip where the belly button would be and even a small copse of small trees which looked like her pubic hair. This was the beginning of a visual film layered in the landscape. As the Goddess told her story, she showed me rocks, mountains, trees and whole landscapes which visually aided her story. This went on for three days and nights until I was burnt out, tired and confused. I returned to Arizona shortly afterwards and tried to ground myself and get myself back to my normal consciousness. "

It is difficult for me to write down what I experienced in a way, where you will truly understand me. Words are often the hardest way of communicating. However I will try.

I experienced (in my 3D conscious awareness), traveling through all the dimensions from the highest 12th dimension to the first, through the zero into the void. It started with an experience that I had at the very beginning of the journey. We started our journey and I sat silent in the back of the truck listening to every word the Goddess told me. Like I told in my book, she told me her story in words I could hear in my head, images in my mind's eye and my outside reality reflecting the story amazingly. I could feel intensely all the different beings who she talked about, as if they were sat next to me. She was telling me the story of separation how she saw it. Predominately it was about the splitting of the yin and yang, male and female. My outside reality was reflecting where I was in my journey, I recognized each level because there were signs all over the place to represent the dimension, I was in, and the being or aspect that I am, on each dimensional level. Beings manifested in the clouds, in the landscape mirroring the shape of one being after another. Billboards along the side of the road spoke to me, warning me and alerting me to the different perspectives and ideas on the planet. Many different beings channeled through my two friends in order to give me information. My two friends were not aware at all that they were channeling. However for me it was truly amazing.

I came to know and understand much of what I had learnt in L.A and Sedona by this journey through the dimensions. Many beings wanted to stop me on my journey. Several times negative beings came through my friends and tried to confuse me and pull me off track. I experienced many beings using the guise of the ascended masters, in order to scare me, or fill me with doubt. The Goddess was with me the whole time; she always told me and showed me the truth. She used the nature and the landscape to reinforce her story, where as these other beings used manmade billboards with scary double meaning messages on them.

Let me explain more. I would be thinking about something, for instance that I was not ascending but descending and to whether I really could be sure I was doing the right thing. Then a billboard in some way would confirm my fear. So in my doubt, I would ask the Goddess why my reality was doing this, she said that there are levels and levels of consciousness manipulation going on, on the planet. She said that in my 3D awareness, I was controlled by consciousness constructs set up to hold consciousness as it struggled to move outside of the matrix (which is being controlled by the ascended masters –and the new world order). She told me that all these billboards were colours coded for a reason and that certain colours used together trigger conditioned responses in human minds. This manipulation has been going on for centuries now. This is a simple form of magic; it has been used by the A.M (Ascended Masters) since the times of King Herald.

As I drove along the road, the billboards spoke to me, those who were red on black were those of the Goddess, and those who were red on white were the A.M energy. I knew that the red on white billboards were the fakes and were lies. So when I felt like I was traveling fast along in the right direction, the movement of my energetic body through the dimensions, these red on white billboards always said "reduce speed". Now I do not fully understand what this means. But I put this here, so someone else can know and tell me what it means. Basically the colours red on white is ascension, red on black is the sign of the Goddess of death and rebirth. Green and white is new planet.

I traveled through all the dimensions until I finally arrived in Arkansas at the crystal dig 3 days later, after what seemed like 3 days and nights of tests and trials. I thought I would be relieved to be finally at my destination. I was disappointed to find that I could not go anywhere near the crystals, not in the pit, or the ones in the shop. I was so super sensitive, I simply shock. My frequency was not right, I had gone all that way and I could not go into the very centre and be with the crystal. So I went into the forest and experienced a week sleeping in a tent in the woods, whilst my friends dug for crystals.

During my time in the forest I became one with the nature, I did not speak and wondered around the forest by day and slept by the fire at night. I communed with the fairies that were there, ancient and wise. My friend and I also saw giant black serpent beings that came at night. After almost a week of altered states of reality, I on a human level felt exhausted. So I caught a grey hound bus back to Arizona and slept the whole way. When I finally awoke, the whole bus cheered and said "oh she is finally awake; you have been asleep for 3 days".

I was disorientated to say the least, but once I had rested and ate, I was feeling like the whole experience was just all a dream.

I did not realize it at that time but now, whilst I take that journey again, I am now am aware that in my new form, I can go to the centre of the planet and merge with the crystal. I have changed the frequency of my form.